



WORKSHOP MANDALA

01

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Originally from India, the Mandala is an ancient art and its geometric framework is used for meditation and concentration. You do not have to be talented in drawing to make a beautiful Mandala, you just need a little patience and attention to detail.

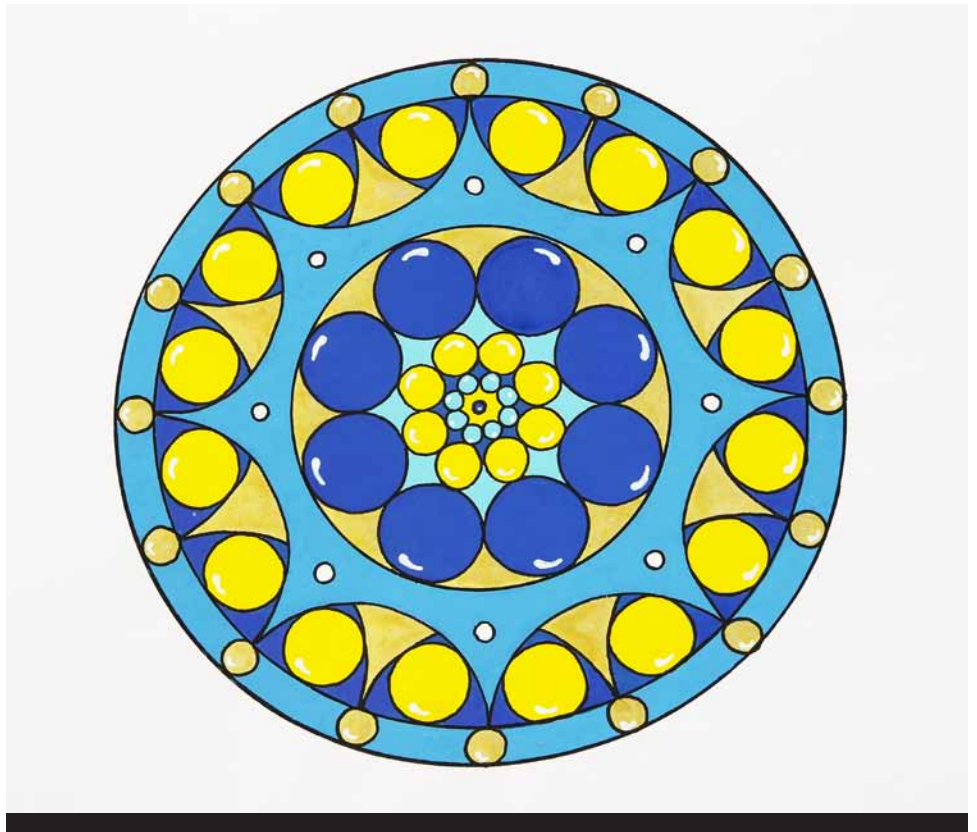
DRAWING / COLOURINGS

WHAT YOU NEED:

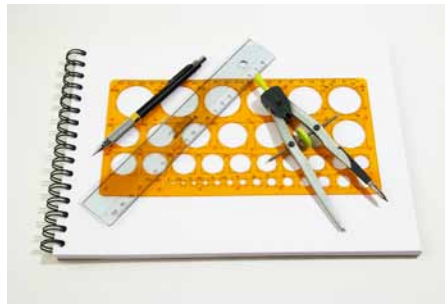
- > 1 sheet of drawing paper
- > 1 compass
- > 1 pencil
- > 1 ruler
- > 1 protractor (optional)

POSCA USED IN THIS WORKSHOP:

- > TIP PC-3M
dark blue, light blue, sky
blue, yellow
- > TIP PC-1MR
black, white, gold



01



With a pencil, lightly draw a big square in the middle of the drawing paper. This square will help you to draw symmetrical lines and it will be erased later

02



Starting at the centre of the square, using a compass, draw a circle with the same diameter as the square.

Next, draw two additional circles also starting from the centre of the square with diameters each time smaller than the previous one

03



Using the square, divide the circle into eight equal parts and with a pencil, lightly draw the divisions.

These divisions will be used as guidelines to create a symmetrical space in the Mandala, you will also erase them once you have finished drawing the Mandala.



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Artist tips:

For those of you who are less patient, there are plenty of creative Mandalas templates with varying degrees of difficulty for free download from

www.mandala-colorier.com.

Patience and concentration will be required solely for decorating.

04



The Mandala framework is ready, you can fill it in with symbolic and abstract images from your imagination.

The purpose of this exercise is to always keep balance, symmetry and harmony in your design.

05



Once you have finished drawing your Mandala, erase all the unnecessary lines, and then decorate it using POSCAs